

MONTHLY FAMILY FACTSHEET

October 2018 – Balance Early Education

Website of the Month – www.kidsafe.com.au

“Over 150 Australian children die each year from preventable injuries, a further 68,000 are hospitalised. Kidsafe exists to prevent these tragedies.”

This website is a useful toolbox of resources to help you keep your child safe.

There are a range of topics including safety in the home, car and road safety, water safety and playing safely.



Identity

“Children have a strong sense of identity” is one of the five learning outcomes under the Early Years Learning Framework, so what does it really mean in early education and care? “Children learn about themselves and construct their **own identity** within the context of their families and communities. This includes their relationships with people, places and things and the actions and responses of others. Identity is not fixed. It is shaped by experiences. Relationships are the foundations for the construction of identity – ‘who I am’, ‘how I belong’ and ‘what is my influence?’” (The Early Years Learning Framework of Australia 2009) In our setting, we focus on strong, positive and respectful relationships which promote children’s self-esteem. We believe that by providing children with a place where they feel safe, secure and supported they will grow in confidence to explore and learn. A positive self-identity equals a successful future!



Focus on Policies to Support Quality

Sun Protection

Under the National Quality Framework each service is required to develop a policy on sun protection based on recognised authorities such as the Cancer Council. Our policy outlines a range of methods we take to protect children against harmful ultraviolet radiation. This includes a range of strategies such as wearing sun protective hats, sunscreen, education and providing shaded spaces for children to play. We ask that you please support us in the implementation of this policy including ensuring your child brings a wide-brimmed, legionnaire or bucket hat to care each day. Ask for a copy of our policy to find out more!

For more information visit

[STARTING BLOCKS](#)



Or

[ACECQA](#)



Focus on Quality Area 6 – Collaborative Partnerships with Families and Communities

“Quality Area 6 of the National Quality Standard focuses on supportive, respectful relationships with families which are fundamental to achieving quality outcomes for children. Community partnerships that are based on active communication, consultation and collaboration also contribute to children’s inclusion, learning and wellbeing.” (Belonging, Being & Becoming - Guide to the National Quality Framework 2018)

Quality Area 6 has two standards that support building collaborative partnerships with families and communities:

- Supportive relationships with families
- Collaborative partnerships



Sun Safety

According to the Cancer Council 2018, “Australia is the skin cancer capital of the world. More than 11,500 Australian men and women are diagnosed with a melanoma each year and an estimated 434,000 people are treated for one or more non-melanoma skin cancers. Skin cancers account for over 80% of all new cases of cancer diagnosed in Australia each year.” For best protection, they recommend the following strategies:

- **Slip** on sun-protective clothing that covers as much skin as possible
- **Slop** on broad spectrum, water resistant SPF30+ sunscreen at least 20mins before going outside
- **Slap** on a hat – broad brim or legionnaire to protect your face, head, neck and ears
- **Seek** shade
- **Slide** on some sunglasses that meet Australian Standards

You can use the UV index to know when sun protection is needed. Visit [HERE](#) or download the [APP](#) today!

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