

Website of the Month – www.startingblocks.gov.au

This website is brought to you by the Australian Children’s Education & Care Quality Authority (ACECQA). It contains useful factsheets on a range of topics including children’s development, tips for home and information about your child in care.



Settling into a new environment

Starting early childhood education and care can be an emotional experience for both you and your child. Some children can experience some difficulty settling into a new environment and may find it hard to separate from their familiar caregiver. This may be experienced when first starting at a service, when transitioning to a new room or when there is a change in familiar carers.

Below are some suggestions that you can do to support your child;

- Spend time settling your child into a favourite activity before you leave and engage in positive conversations with your child’s educator so they can see that you are relaxed and that you trust they will be safe.
- Tell us what comforts your child and provide any comfort items that may assist with their sense of belonging.
- ALWAYS say ‘goodbye’ confidently and reassure them that you will be back. Let your child know who will be collecting them. Resist the temptation to come back in after saying goodbye.
- Talk about the service prior to going, look at photos on-line together and talk about your child’s day with interest on the way home from care. Make a book together about things they like doing or will do at care.
- Talk to us and ask for guidance if needed, we understand it can be a tricky and we are here to help!

Click [HERE](#) for more tips from the Tresillian Organisation

Focus on Policies to Support Quality

Enrolment Authorisations

Upon enrolment you will be required to provide the names of those persons whom you give authorisation to:

- collect your child;
- authorise the administration of medication and consent to seeking medical attention or transportation in an ambulance;
- be contacted in the event of an emergency;
- give permission for them to attend excursions outside of the service.

These are important responsibilities and you must ensure that these persons are advised of their responsibilities should they be contacted. Please always keep us updated, in writing, on any changes to these nominated persons.

For more information visit



An Overview of the National Quality Standards

Our service is assessed and rated by the government against the 7 National Quality Standards.

1. EDUCATIONAL PROGRAM AND PRACTICE - Your child is supported to participate in play and learning
2. CHILDREN’S HEALTH AND SAFETY - Your child is protected from illness and hazards
3. PHYSICAL ENVIRONMENT - Your child plays in a safe and well-maintained environment
4. STAFFING ARRANGEMENTS - There are enough qualified staff to give your child the attention they need
5. RELATIONSHIPS WITH CHILDREN - Your child is made to feel supported and welcomed
6. COLLABORATIVE PARTNERSHIPS WITH FAMILIES AND COMMUNITIES - Local community involvement and respect for the beliefs and values of families
7. GOVERNANCE AND LEADERSHIP - Your child is cared for in a positive and well managed environment

Water Safety

“Drowning is the greatest cause of accidental death in children under 5 in Australia. Each week, on average, one child drowns” (Kids Alive 2019 www.kidsalive.com.au).

- Always supervise children around water, not just pools but shallow vessels of water can also be dangerous
- Visit KIDS ALIVE for resources, tips, games, songs and videos. Involve children with these interactive tools.
- When you are at the beach always swim between the flags. Visit Surf Lifesaving Australia for some great APPS for beach safety - [CLICK HERE](#)

We trust the information provided in this factsheet supports you in your parenting role. All care was taken to ensure that information was correct at the time of production. The service and author accept no responsibility for information which may be incorrect or inaccurate. Information in this factsheet or related websites do not necessarily reflect the views of our service, owners, educators or staff. Your individual circumstances should be considered in relation to each topic.

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