

MONTHLY FAMILY FACTSHEET AUGUST 2020

Website of the Month – www.Kidsafe.com.au

“Over 150 Australian children die each year from preventable injuries, a further 68,000 are hospitalised. Kidsafe exists to prevent these tragedies.” You can see current campaigns such as National Burns Awareness Month, Closing the Gate on Backyard Drownings and the UnConventional Oven (children left in cars) or click on your state to access factsheets, webinars and safety checklists. Kidsafe QLD also hire and sell child safety equipment.



Literacy Learning

Most children naturally develop verbal language skills by hearing others speak and by observing the communication process. Even prior to birth, babies are paying attention to language, most babies are born with their hearing fully developed and the more they are exposed to positive language experiences, words, tone, pitch and volume changes, the more quickly they begin to make sense of the language process. We recognise that positive communication, listening and asking questions are key to language development. Every day, our educators support language development through exposure to a wide range of communication including, rhyme & repetition, meaningful conversations, singing, reading books and asking questions. We encourage families to read a book with your child every day and to engage in meaningful conversations and questioning while reducing the amount of “instructional only” communication.

Families can access ideas and resources to support language development at: <http://www.letsread.com.au/>

**Focus on
Policies to
Support
Quality**

Medication

At times your child may require medication to be administered at our service, either for a short-term illness or a longer-term condition such as asthma. We take this procedure extremely seriously and have thorough policies and procedures for a range of medication requirements. We cannot, under the legislation, administer medication unless it is authorised and administered in accordance with the regulation requirements. All medication permission forms must be completed fully and only medication which is within its expiry date and in the original packaging can be administered. Medication belonging to a sibling or other person will not be administered to a child in our care. We urge you to be aware of your responsibilities under our Medication Policy and to always hand medication to educators and never leave it in a child’s bag. Please ask us for a copy of our Medication and Medical Conditions Policies to find out more.

For more
information visit



Quality Area 6 -

“Quality Area 6 focuses on supportive, respectful relationships with families which are fundamental to achieving quality outcomes for children. Community partnerships that are based on active communication, consultation and collaboration also contribute to children’s inclusion, learning and wellbeing.” (Guide to the National Quality Framework” ACECQA 2020)

There are two standards in quality area 6

- 6.1 – Supportive relationships with families – *“Respectful relationships with families are developed and maintained and families are supported in their parenting role”*
- 6.2 – Collaborative partnerships – *“Collaborative partnerships enhance children’s inclusion, learning and wellbeing”*

Healthy Eating

Healthy eating is essential for your child's good health, growth and development. Healthy eating in childhood means they will have less chance of developing chronic diseases like heart disease, type 2 diabetes, obesity and some cancers. It will also mean they feel better, look better and enjoy life more. To stay healthy and maintain a healthy weight, children need to be physically active and eat the right amount of nutrients to balance the energy they use. You can visit the following to learn more about the Australian Dietary Guidelines and tips for fussy eaters to make mealtimes more enjoyable:

- **Healthy Eating for Children - [Health Direct](#)**
- **Dietary Guidelines and Portion Sizes [Eat for Health](#)**
- **Fussy Eating 1-6yrs [Raising Children Network](#)**

We trust the information provided in this factsheet supports you in your parenting role. All care was taken to ensure that information was correct at the time of production. The service and author accept no responsibility for information which may be incorrect or inaccurate. Information in this factsheet or related websites do not necessarily reflect the views of our service, owners, educators or staff. Your individual circumstances should be considered in relation to each topic. ©Absolute Support Training and Resources 2020