

MONTHLY FAMILY FACTSHEET JANUARY 2020

Website of the Month – kidshelpline.com.au

PH: 1800 55 1800

Kids Helpline is Australia's only free, private and confidential 24/7 phone and online counselling service for young people aged from 5yrs. It also provides support for families through their [Parentline](#) Service. Visit this site for access to a range of support services including over the phone counselling, useful articles and links to helpful APPS to support you when times are tough!



Relationships

“Kids don't learn from people they don't like” Rita Pierson (2013)

Positive, safe and secure relationships are key to all successful learning. Good relationships early in life help children to connect with others and build positive friendships which support them to self-regulate their own behaviours. As we begin a new year our service sees a lot of change, we say goodbye to our graduating children and we welcome new families to our service. In addition to this we see changes to educators and children transitioning to new learning spaces. Our focus at this time is on establishing positive relationships which set the foundations for learning. As families, we ask you to take the time to connect with our team so that together we can support your child to have the best outcomes in 2020!

Focus on Policies to Support Quality

Enrolment and Orientation

Welcome to 2020! Starting off on the best foot is essential to successful learning outcomes. Upon enrolment, it is essential that you fully complete all forms provided and ensure that all authorisations are signed. The more information you can provide to us about your child, the better we can provide outstanding learning environments that suit their needs. We recognise that each family will have different needs when it comes to orientation. During our orientation process we encourage you to ask lots of questions and to spend as much time getting to know your new service or new learning space if transitioning to an older age group. Click [HERE](#) to read more about settling your child into care.

For more information visit



Self-Assessment and the National Quality Framework

Self-assessment is an important part of the quality improvement planning process under the National Quality Framework. It involves reflecting on what we currently do and identifying for areas of growth and improvement. All members of our early learning community should be involved, including children, educators, families and other members of the wider community. We encourage you to participate in our questionnaires and provide feedback regularly to help us with this process. The more feedback you provide the better we can meet the needs of our early learning community.

Fire Safety

Being prepared is the best way to keep you and your family safe from fire. The leading cause of housefires according to the NSW Fire Authority is unattended cooking, children can be distracting so plan ahead before cooking meals to ensure that you can give the required attention to both your children and your cooking. With the current bushfire tragedies, we also wish to provide you with some strategies for both being prepared and supporting little ones. Below are a range of useful links we encourage you to explore:

[NSW Fire and Rescue](#) – factsheets on a range of safety topics including preparing fire escape plans, smoke detectors, and items in the home which may be a fire risk, for example wheat bags and power boards

[QLD Fire Safety](#) – factsheets and a link to SAFEHOME, a free service offered by Qld Fire and Emergency Services designed to assist householders to recognise fire and safety hazards in and around the home.

[Better Health Channel](#) - “Talking to Children about Bushfire Risk”

[Learning Fire Safety with Smokey](#) - Involving Kids in bushfire planning e-book and activity sheets

[Aaron's Promise](#) - Department of Fire and Emergency Services WA. Children's e-book and safety checklist.

[Playschool Video](#) - ABC Playschool video for children about making emergency plans

[Parent TV](#) - Tips for parents to help children feel safe during the bushfire season

We trust the information provided in this factsheet supports you in your parenting role. All care was taken to ensure that information was correct at the time of production. The service and author accept no responsibility for information which may be incorrect or inaccurate. Information in this factsheet or related websites do not necessarily reflect the views of our service, owners, educators or staff. Your individual circumstances should be considered in relation to each topic. ©Absolute Support Training and Resources 2020